

The Right Choice... For A Healthier You!™

Nutrition Guideline Per Serving

BEVERAGES	SNACKS	FOOD/ENTREES
Less than 10% Calories from Saturated Fat		
Less than 60 mg Cholesterol		
Zero grams Trans Fat		
Less than 35% total Calories from Fat		Less than 30% total Calories from Fat
Less than 25% Calories from added Sugar	Less than 35% Sugar by weight	
Less than 230 mg Sodium	Less than 270 mg Sodium	Less than 575 mg Sodium
Less than 160 Calories	Less than 200 Calories	Less than 500 Calories

Exclusions to the Program include: 100% fruit/vegetable juices, low fat/non fat dairy products, nuts, trail mix, nut butters, seeds, eggs, fruits, dried fruits, non fried vegetables, legumes.



When making vending selections

Look for the

